

**GURU GHASIDAS VISHWAVIDYALAYA, BILASPUR (C.G.)**  
**Department of Physical Education and Sports**  
Ph. 07752-260476, e .mail- hodphysical@ggu.ac.in

**SECCHEDULE FOR PHYSICAL FITNESS TEST**

**Date** : B.P.Ed. - 12 July, 2012  
M.P.Ed. - 13 July, 2012  
**Reporting Time** : 7 a.m. sharp  
**Reporting Office** : Department of Physical Education and Sports  
**Venue for Tests** : University Play field / Courts

**NOTICE**

**LIST OF CANDIDATES SELECTED FOR PHYSICAL FITNESS TESTS FOR B.P.ED FOR THE SESSION 2012-13.**

Sl. No.	Name of Applicant	Roll No.	Category	VET Marks
1.	NIRBHAY KUMAR YADAV	'2041034	OBC	71
2.	ANUPAM TIWARI	'2041036	GENERAL	69
3.	GAURAV GUPTA	'2042040	GENERAL	69
4.	SHAIENDRA PAL	'2041010	OBC	68
5.	YASHVANT MAURYA	'2041046	OBC	67
6.	AKHILESH PRATAP SINGH	'2041073	GENERAL	67
7.	CHANDRAPRATAP SINGH	'2041045	ST	65
8.	MANI BHUSHAN KUMAR	'2041067	GENERAL	65
9.	RAHUL KUMAR	'2041011	GENERAL	64
10.	MOHD. ZAFER KHAN	'2041032	GENERAL	64
11.	PRAVENDRA KUMAR YADAV	'2041064	OBC	64
12.	SHASHI KANT YADAV	'2041043	OBC	62
13.	TRILOKI NATH BIND	'2041023	OBC	61
14.	SHANKAR SUWAN GOPAL	'2041050	OBC	61
15.	SRIKESH SINGH YADAV	'2041066	OBC	60
16.	SAURABH SINGH	'2041002	GENERAL	58
17.	AMIT KUMAR RAI	'2041028	GENERAL	58
18.	AKRITI AGRAWAL	'2041015	GENERAL	57
19.	BIJAY KUMAR	'2041018	GENERAL	57
20.	PRIYANKA SINGH	'2041020	GENERAL	57
21.	TEEJ RAM PATAIL	'2041033	OBC	56
22.	ANURAG TIWARI	'2041059	GENERAL	56
23.	POOJA CHATURVEDI	'2041027	GENERAL	55
24.	PRAMOD YADAV	'2041001	OBC	54
25.	SHAMBHU NATH	'2041053	OBC	54
26.	VIKASH SINGH YADAV	'2041063	OBC	54

27.	HIMANSHU CHANDRAKAR	'2042022	OBC	54
28.	SANTRAM PORTE	'2041062	ST	53
29.	AJEET KUMAR	'2041019	SC	52
30.	SUMEET SWAROOP MISHRA	'2041024	GENERAL	52
31.	ASHUTOSH PANDEY	'2041048	GENERAL	51
32.	RAVI KUMAR PANDEY	'2042070	GENERAL	51
33.	ANIL PANDEY	'2041074	GENERAL	50
34.	NISHI KUMARI	'2041016	OBC	49
35.	VINOD SINGH YADAV	'2041039	OBC	49
36.	MAHABIR MAHTO	'2041072	OBC	49
37.	KM NEHA SINGH	'2041009	GENERAL	47
38.	JYOTI TIWARI	'2041047	GENERAL	47
39.	SUMIT KUMAR DUBEY	'2041051	GENERAL	47
40.	BABLU KUMAR	'2041055	OBC	47
41.	GOVIND RAM SAHU	'2041075	OBC	47
42.	SATYENDRA YADAV	'2041003	OBC	46
43.	AMIT KUMAR PATEL	'2041076		46
44.	MANOJ YADAV	'2041030	OBC	45
45.	ASHA KUMARI	'2041006	SC	44
46.	KIRAN YADAV	'2041013	GENERAL	44
47.	RAHUL SINGH	'2041031	OBC	44
48.	SURENDRA RAJBHAR	'2041035	OBC	44
49.	SWATI SINGH	'2041041	GENERAL	44
50.	HEMAGNI	'2041058	SC	43
51.	ABBU HUJAIFA	'2041068	GENERAL	43
52.	RAKESH KUMAR	'2041014	OBC	42
53.	KAVITA SRIVASTAVA	'2041038	GENERAL	42
54.	BRIJNANDAN SINGH YADAV	'2041042	OBC	42
55.	GEETA DWIVEDI	'2041029	GENERAL	41
56.	RAMBHROS PASWAN	'2041012	SC	40
57.	ARCHANA KUMARI	'2041057	GENERAL	40
58.	UTTRA KUMAR PATEL	'2041005	OBC	39
59.	GAZALA PRAWEEEN	'2041049	GENERAL	39
60.	CHANDAN SHARMA	'2041044	OBC	38
61.	ANIL SINGH CHHATRIY	'2041056	GENERAL	38
62.	KUMARI HEMLATA BOON	'2041037	OBC	35
63.	RAMESH KUMAR YADAV	'2041054	OBC	33
64.	BABITA KUMARI	'2041017	SC	32

**LIST OF CANDIDATES REJECTED FOR PHYSICAL FITNESS TESTS FOR B.P.ED FOR THE SESSION 2012-13.**

Sl. No.	Name of Applicant	Roll No.	Category	VET Marks	Remarks
1.	PRADEEP KUMAR YADAV	'2041060	OBC	55	Over age
2.	SARAJ MISHRA	'2041007	GENERAL	37	Below Percentage

**LIST OF CANDIDATES SELECTED FOR PHYSICAL FITNESS TESTS FOR M.P.ED FOR THE SESSION 2012-13.**

Sl. No.	Name of Applicant	Category	Roll No.	VET Marks
1.	MANOJ KUMAR	OBC	'3021019	82
2.	JITENDRA SINGH*		'3021195 *	80
3.	VIPIN KUMAR MISHRA	GENERAL	'3021062	79
4.	SUNIL KUMAR PATEL	OBC	'3021044	77
5.	SIKANDAR PATEL	OBC	'3021066	77
6.	DIGPAL SINGH	GENERAL	'3021097	76
7.	RANJEET SINGH	OBC	'3021107	75
8.	SANTOSH KUMAR VERMA	OBC	'3021113	75
9.	TOUSIF JAMIL KHAN	GENERAL	'3021081	74
10.	VINOD SINGH YADAV	OBC	'3021102	74
11.	MANISH KUMAR	OBC	'3021158	74
12.	SANDEEP SINGH	OBC	'3021090	73
13.	JITENDRA SINGH	OBC	'3021122	73
14.	UMESH YADAV	OBC	'3021003	72
15.	MITHILESH KUMAR SINGH	GENERAL	'3021054	72
16.	AKHILESH PRATAP SINGH	GENERAL	'3021183	72
17.	SUNIL KUMAR	OBC	'3021067	71
18.	ASHWANI KUMAR VISHWAKARMA	OBC	'3021135	71
19.	RAVINDRA KUMAR DHURUW	ST	'3021165	71
20.	GYAN PRAKASH KUJUR	ST	'3021184	71
21.	SANJEEV KUMAR YADAV	OBC	'3021007	70
22.	KUNVAR SINGH	GENERAL	'3021015	70
23.	BRIJESH KUMAR SHERA	SC	'3021033	70
24.	DEEP MALA SINGH	GENERAL	'3021042	70
25.	NEHA NIGAM	GENERAL	'3021076	70
26.	SANDEEP KUMAR	SC	'3021093	70
27.	AKHILESH SINGH YADAV	OBC	'3021108	70
28.	BRIJESH KUMAR YADAV	OBC	'3021010	69
29.	CHANDAN YADAV	OBC	'3021104	69
30.	AMIT TIWARI	GENERAL	'3021168	69
31.	SANDIP KUMAR	OBC	'3021138	68
32.	BALWANT KUMAR JHA	GENERAL	'3021027	67

33.	DINESH CHANDRA YADAV	OBC	'3021073	67
34.	DINESH	SC	'3021139	67
35.	ANURADHA PATEL	OBC	'3021147	67
36.	YOGESH KUMAR SINGH	OBC	'3021009	66
37.	KAMESHWAR PRASAD	OBC	'3021100	66
38.	ARUN KUMAR YADAV	OBC	'3021072	65
39.	JANGA BAHADUR RAM	OBC	'3021079	65
40.	KUMARI JUGANU	OBC	'3021111	65
41.	ARCHANA SINGH	GENERAL	'3021125	65
42.	BANS GOPAL JAYSWAL	OBC	'3021130	65
43.	ABHISHEKH RAGHUVANSI	GENERAL	'3021137	65
44.	INKESH KUMAR	SC	'3021166	65
45.	HARIBANSH LAL	SC	'3021181	65
46.	SANJAY VERMA	OBC	'3021047	64
47.	SOORAJ KUMAR GUPTA	OBC	'3021051	64
48.	MAMTA YADAV	OBC	'3021050	63
49.	SUNIL KUMAR	OBC	'3021092	63
50.	SHAILENDRA KUMAR SAHU	OBC	'3021161	63
51.	SAMVEL MINJ	ST	'3021171	63
52.	SANTOSH KUMAR PATEL	OBC	'3021191	63
53.	DHARMENDRA YADAV	OBC	'3021048	62
54.	ANIL KUAMR BHARDWAJ	ST	'3021121	62
55.	SUSHIL KUMAR AJAY	SC	'3021162	62
56.	SONI KUMARI MAURYA	OBC	'3021025	61
57.	PRADEEP KUMAR SINGH	GENERAL	'3021030	61
58.	KAMLESH PATEL	OBC	'3021109	61
59.	SANJAY SINGH YADAV	OBC	'3021152	61
60.	ASHUTOSH KUMAR	OBC	'3021160	61
61.	GOPAL TRIPATHI	GENERAL	'3021172	61
62.	ANIL KUMAR YADAV	OBC	'3021075	60
63.	DILESHWAR PRASAD	ST	'3021086	60
64.	GYANENDRA BHAI	OBC	'3021098	60
65.	DHANANJAY KUMAR RAI	GENERAL	'3021110	60
66.	SHASHVAT MISHRA	GENERAL	'3021163	60
67.	ABHISKEK SHUKLA	GENERAL	'3021170	60
68.	AJAY KUMAR	OBC	'3021055	59
69.	VINEET KUMAR RAI	GENERAL	'3021103	59
70.	SANDEEP KUMAR SAROJ	SC	'3021175	59
71.	ASHISH KUMAR RAGHUVANSHI	GENERAL	'3021005	58
72.	VIJAY PRATAP SINGH	GENERAL	'3021084	58
73.	DILIP KUMAR YADAV	OBC	'3021116	58
74.	AKHTAR KHAN	GENERAL	'3021036	57
75.	SATYENDRA SINGH YADAV	OBC	'3021043	57
76.	GEETA YADAV	OBC	'3021069	57
77.	PRASHANT KUMAR OJHA	GENERAL	'3021180	57
78.	BHAWANI PRATAP MALL BISEN	OBC	'3021187	57
79.	SANATAN MAJI	SC	'3021057	56
80.	AKHILESH KUMAR KHARWAR	SC	'3021094	56

81.	RAVINDRA KUMAR YADAV	GENERAL	'3021101	56
82.	SUNIL KUMAR YADAV	OBC	'3021106	56
83.	JIUT KUMAR CHAKRAVARTI	OBC	'3021193	56
<b>84.</b>	<b>AMIT JANA*</b>		<b>'3021194</b>	<b>56</b>
85.	PRAMOD KUMAR YADAV	OBC	'3021023	55
86.	VIVEK KUMAR SINGH	GENERAL	'3021024	55
87.	BEENU MAURYA	OBC	'3021031	55
88.	SUMIT YADAV	OBC	'3021078	55
89.	NARENDRA KUMAR SINGH	OBC	'3021095	55
90.	RAMENDRA PRATAP SINGH	GENERAL	'3021126	55
91.	JOSEPH MURMU	ST	'3021127	55
92.	RANDHEER SINGH	OBC	'3021155	55
93.	AVADHESH KUMAR YADAV	OBC	'3021124	54
94.	MOHAMMAD RAMEEZ RAZA	GENERAL	'3021053	53
95.	ARAVIND KUMAR GAUTAM	SC	'3021136	53
96.	SUNIL KUMAR YADAV	OBC	'3021148	53
97.	DHANESHWAR PRASAD YADAV	OBC	'3021182	53
98.	DHARMENDRA SINGH YADAV	OBC	'3021004	52
99.	BABY TIWARI	GENERAL	'3021017	52
100.	KUMARI KUSUM	SC	'3021049	52
101.	SUBEDAR PRASAD YADAV	OBC	'3021118	52
102.	ABHISHEK KUMAR	GENERAL	'3021176	52
103.	SHAILESH KUMAR SINGH	GENERAL	'3021178	52
104.	MANISH KUMAR PAL	OBC	'3021016	51
105.	RAKESH KUMAR YADAV	OBC	'3021020	51
106.	AMBIKA PRASAD YADAV	OBC	'3021021	51
107.	ANSHUMAN MISRA	GENERAL	'3021028	51
108.	KRISHNA PRAKASH KUSHWAHA	OBC	'3021083	51
109.	PRADEEP KUMAR YADAV	OBC	'3021141	51
110.	VINAY KUMAR SINGH	GENERAL	'3021156	51
111.	SUKANTA PANJA	GENERAL	'3021157	51
112.	ANAND YADAV	OBC	'3021185	51
113.	YOGESH PRASAD RAI	GENERAL	'3021052	50
114.	VIDIYACHARAN PAINKRA	ST	'3021112	50
115.	KUNDAN KUMAR	OBC	'3021128	50
116.	UMESH KUMAR YADAV	OBC	'3021142	50
117.	SAROJ PAL	OBC	'3021150	50
118.	SHANI SINGH SENGER	GENERAL	'3022144	50
119.	SAURABH YADAV	OBC	'3021012	49
120.	SANJAY KUMAR	OBC	'3021013	49
121.	JAI PRAKASH	SC	'3021065	49
122.	ASHISH KUMAR MISHRA	GENERAL	'3021088	49
123.	SAMBHU PRASAD YADAV	OBC	'3021133	49
124.	MANOJ DEEPAK TIRKEY	ST	'3021177	49
125.	REKHA KUMARI MAURYA	OBC	'3021077	48
126.	SANJAY KUMAR PATEL	OBC	'3021117	48
127.	RAHUL NIRAJ	ST	'3021140	48
128.	LAXMIKANT SAHU	OBC	'3021153	48

129.	RATNISH PRAKASH SINGH	OBC	'3021002	47
130.	ABHISHEKH KUMAR YADAV	OBC	'3021120	47
131.	PRIYANKA YADAV	OBC	'3021179	47
132.	NANDOO SINGH YADAV	OBC	'3021188	47
133.	BANDANA SINGH	ST	'3021039	46
134.	VANDANA YADAV	OBC	'3021045	46
135.	JITENDRA SINGH	OBC	'3021058	46
136.	LAKSHMAN BAG	SC	'3021115	46
137.	RAVI SHEKHAR	ST	'3021131	46
138.	KHAGESH KUMAR BHARDWAJ	SC	'3021034	45
139.	SHIVSHANKAR RAI	GENERAL	'3021040	45
140.	VINAY KUMAR SAH	ST	'3021061	45
141.	AJAY MISHRA	GENERAL	'3021064	45
142.	MD ALAMGIR ALAM	OBC	'3021080	45
143.	SURAJ KUMAR PAL	OBC	'3021041	44
144.	ANJANA BHOWMIK	GENERAL	'3021046	44
145.	SHUBHAM SINGH	OBC	'3021143	44
146.	SUSHANTA DHAL	SC	'3021037	43
147.	SHYAM CHANDAR YADAV	OBC	'3021164	43
148.	PARMESHWAR KUMAR KURREY	SC	'3021014	42
149.	KHYATI SHARMA	GENERAL	'3021099	42
150.	SACHIN SINGH	ST	'3021087	41
151.	PANKAJ KUMAR JAISWAL	OBC	'3021169	41
152.	<b>RAJAN KUMAR*</b>	<b>GENERAL</b>	<b>'3021056</b>	<b>40</b>
153.	PARUL BAG	SC	'3021071	40
154.	VINOD KUMAR SINGH YADAV	OBC	'3021018	39
155.	AWADHESH SINGH YADAV	OBC	'3021082	39
156.	SUNIL KUMAR SINGH	OBC	'3021173	39
157.	SUNITA AGRAWAL	GENERAL	'3022096	39
158.	ABHISHEK KUMAR PANDEY	GENERAL	'3021032	37
159.	BRIJESH SINGH YADAV	OBC	'3021132	37
160.	SHASHIKANT	SC	'3021145	37
161.	DAYANAND SINGH	OBC	'3021154	37
162.	MAHENDRA PRATAP SINGH	GENERAL	'3022192	36
163.	AJEET KUMAR	SC	'3021063	32
164.	GAJENDRA SINGH	SC	'3021074	32
165.	APARBAL PRAJAPATI	OBC	'3021089	31
166.	PABITRA KUMAR NANDA	GENERAL	'3021038	30
167.	SUMANT YADAV	OBC	'3021001	29
168.	NIBEDITA GIRI	GENERAL	'3021068	28
169.	AKHILESH KUMAR BHARATI	SC	'3021119	27

**Note:- \* Candidate's candidature shall be considered only after getting the application form from the administration. Concerned candidates are also advised to bring a copy of the application form at the time of Physical Fitness test.**

**LIST OF CANDIDATE REJECTED FOR PHYSICAL FITNESS TESTS FOR M.P.ED FOR THE SESSION 2012-13.**

Sl. No.	Name of Applicant	Category	Roll No.	VET Marks	Remarks
1.	PAVAN KUMAR DIXIT	GENERAL	'3021151	53	Over age

**PROPOSED DISTRIBUTION OF MARKS FOR CONDUCTING PHYSICAL FITNESS TEST, SKILL PROFICIENCY AND SPORTS ACHIEVEMENTS FOR ADMISSION TO B.P.ED & M.P.ED SESSION 2012 -13.**

**1. Testing Areas for B.P.ED:-**

1.1	Physical Fitness	-	32 Marks
1.2	Sports Proficiency in games & sports	-	08 Marks
2.3	Sports Achievement (Highest)	-	10 Marks

**TOTAL = 50 Marks**

**2. Testing Areas for M.P.ED:-**

2.1	Physical Fitness	-	32 Marks
2.2	Sports Proficiency in games & sports	-	08 Marks
2.3	Sports Achievement (Highest)	-	10 Marks

**TOTAL = 50 Marks**

**3. PROCEDURE FOR CONDUCTING TESTS (B.P.ED & M.P.ED):-**

3.1 **Physical Fitness (32 Marks):** - Marks will be awarded in physical fitness on the basis of performance in:

1.	50 meters sprint	-	08 Maximum Marks
2.	Standing Broad Jump,	-	08 Maximum Marks
3.	Overhead Back Throw and	-	08 Maximum Marks
4.	1000 meter run/walk	-	08 Maximum Marks

The norms to convert the performance into points are given in Annexure-I (A) to I (D) for **B.P.ED.** and Annexure- II (A) to II (D) for **M.P.ED.**

3.2 **Skill Proficiency in Games & Sports (08 Marks):** - The proficiency of the candidate will be assessed only in one game on under mentioned selected sports / games of the affiliated list of AIU & IOA. Marks will be awarded by a committee on the basis of skill performance in one of the following sports / games: **Cricket, Badminton, Volleyball, Kabaddi, Basketball, Kho-kho, Hockey, Football, Track & Field, Weight-Lifting, Power Lifting and Best Physique, Table -Tennis, Lawn-Tennis, Wrestling and Yoga.** However; after selection, the specialization

to be opted in the master's level should be from the one among the following games/sports: Basketball, Volleyball, Badminton, Cricket and Kabaddi because expert teachers are available in the above mentioned specified games / sports. Specialization in any other game/sport may be opted only in the condition of availability of the concerned game/sports teacher.

**3.3 Sports Achievement (Maximum 10 marks):** - All those candidates who have won positions during last 4 academic years (i.e. July 2008 to 07 June 2012) at the National level (organized by respective federation), All India /Inter-Zonal Inter- University Tournament will receive marks as per the criteria given below:-.

3.3.1 Represented India in any game/sport 10  
Sponsored by IOA/recognized Federation

3.3.2 Position holders at All India Inter-University/  
Inter-state championship/SGFI Competitions  
Organized by Association / recognized Federation

1 <sup>st</sup> Place	08
2 <sup>nd</sup> Place	07
3 <sup>rd</sup> Place	06
Participation	05

3.3.4 Position holders at Zonal Inter-University/  
State Championships Organized by recognized  
Association / recognized Federation

1 <sup>st</sup> Place	04
2 <sup>nd</sup> Place	03
3 <sup>rd</sup> Place	02
Participation	01

**4. Fees Structure:** - Each selected candidate shall pay the fee as given below (or see admission brochure 2011-12):

Course	Fees
B.P.ED. 1 <sup>st</sup> Semester	Rs. 2400/-+ Rs. 2000/-(Kit)=Rs. 4400/-
M.P.ED. 1 <sup>st</sup> Semester	Rs. 2625/- /-+ Rs. 2000/-(Kit)= Rs.4625/-

**Important instructions for the candidates:-**

- \* Report at the venue at least 30 minutes before the schedule timings of physical test.
- \* Physical test may continue on the following day also if circumstances so warrant, so the candidates are requested to come prepared accordingly.
- \* Candidates must come in a proper sports kit, otherwise they will not be allowed to participate in physical test.



\* All the candidates are required to bring with them their original *mark sheets /Certificates and caste certificates (if applicable, in the prescribed Central Government Performa) in original with two recent colored photographs* in support of the qualifications, sports achievements etc and the required fees also.

\* All the candidates are required to bring **medical certificate by competent authority** at the time of physical fitness test otherwise they will not be permitted to appear in the physical test.

\* No TA/DA admissible.

\* After the verification of original mark sheets / Sports certificates etc. if candidates fails to fulfill the eligibility criteria as per NCTE norms, the application form / admission shall be cancelled.

\* If any disputes arises in above mentioned instructions the case shall be transfer to Vice-chancellor through Dean, SOS (Arts) and decision shall be final.

\* If necessary contact below:-

**Mr. Ravindra Nath Mishra (+919424147525)**

**Mr. Manish Pandey (+918827791177)**

**Mr. B.R.Rawte (+919993488783)**

**Ms. Shalini Menon (+917587234714)**

**Dr. Mahesh Singh Dhapola (+919981022294)**

**Dr. Mahendra Kumar Singh (+917587300426)**

**Head**

**Dr. Vishan Singh Rathore**  
**Mobile No. +917587472651**

## ANNEXURE I- (A)

### B.P.ED. PERFORMANCE CONVERSION TABLE

MEN						WOMEN					
Timing (Sec)	Points	Marks (OUT OF 08)	Timing (Sec)	Points	Marks (OUT OF 08)	Timing (Se.)	Points	Marks (OUT OF 08)	Timing (Sec.)	Points	Marks (OUT OF 08)
6.0 and Below	100	8.00	8.9	38	3.04	7.0 and Below	100	8.00	9.9	38	3.04
6.1	97	7.76	9.0	37	2.96	7.1	97	7.76	10.0	37	2.96
6.2	95	7.60	9.1	36	2.88	7.2	95	7.60	10.1	36	2.88
6.3	93	7.44	9.2	35	2.80	7.3	93	7.44	10.2	35	2.80
6.4	90	7.20	9.3	34	2.72	7.4	90	7.20	10.3	34	2.72
6.5	87	6.96	9.4	33	2.64	7.5	87	6.96	10.4	33	2.64
6.6	85	6.80	9.5	32	2.56	7.6	85	6.80	10.5	32	2.56
6.7	83	6.64	9.6	31	2.48	7.7	83	6.64	10.6	31	2.48
6.8	80	6.40	9.7	30	2.40	7.8	80	6.40	10.7	30	2.40
6.9	77	6.16	9.8	29	2.32	7.9	77	6.16	10.8	29	2.32
7.0	75	6.00	9.9	28	2.24	8.0	75	6.00	10.9	28	2.24
7.1	73	5.84	10.0	27	2.16	8.1	73	5.84	11.0	27	2.16
7.2	70	5.60	10.1	26	2.08	8.2	70	5.60	11.1	26	2.08
7.3	68	5.44	10.2	25	2.00	8.3	68	5.44	11.2	25	2.00
7.4	66	5.28	10.3	24	1.92	8.4	66	5.28	11.3	24	1.92
7.5	64	5.12	10.4	23	1.84	8.5	64	5.12	11.4	23	1.84
7.6	62	4.96	10.5	22	1.76	8.6	62	4.96	11.5	22	1.76
7.7	60	4.80	10.6	21	1.68	8.7	60	4.80	11.6	21	1.68
7.8	58	4.64	10.7	20	1.60	8.8	58	4.64	11.7	20	1.60
7.9	56	4.48	10.8	19	1.52	8.9	56	4.48	11.8	19	1.52
8.0	54	4.32	10.9	18	1.44	9.0	54	4.32	11.9	18	1.44
8.1	52	4.16	11.0	17	1.36	9.1	52	4.16	12.0	17	1.36
8.2	50	4.00	11.1	16	1.28	9.2	50	4.00	12.1	16	1.28
8.3	48	3.84	11.2	15	1.20	9.3	48	3.84	12.2	15	1.20
8.4	46	3.68	11.3	14	1.12	9.4	46	3.68	12.3	14	1.12
8.5	44	3.52	11.4	13	1.04	9.5	44	3.52	12.4	13	1.04
8.6	42	3.36	11.5	12	0.96	9.6	42	3.36	12.5	12	0.96

8.7	40	3.20	11.6	11	0.88	9.7	40	3.20	12.6	11	0.88
8.8	39	3.12	11.7 and Above	10	0.80	9.8	39	3.12	12.7 and Above	10	0.80

**50 METERS SPRINT**

**ANNEXURE – I (B)**

**B.P.ED. PERFORMANCE CONVERSION TABLE**

**STANDING BROAD JUMP**

Men			Women		
Distance (Meters)	Points	Marks (Out of 08)	Distance (Meters)	Points	Marks (Out of 08)
2.75 and Above	100	8.00	2.25 and Above	100	8.00
2.70-2.74	96	7.68	2.20-2.24	96	7.68
2.65-2.69	92	7.36	2.15-2.19	92	7.36
2.60-2.64	88	7.04	2.10-2.14	88	7.04
2.55-2.59	84	6.72	2.05-2.09	84	6.72
2.50-2.54	80	6.40	2.00-2.04	80	6.40
2.45-2.49	77	6.16	1.95-1.99	77	6.16
2.40-2.44	74	5.92	1.90-1.94	74	5.92
2.35-2.39	71	5.68	1.85-1.89	71	5.68
2.30-2.34	68	5.44	1.80-1.84	68	5.44
2.25-2.29	65	5.20	1.75-1.79	65	5.20
2.20-2.24	62	4.96	1.70-1.74	62	4.96
2.15-2.19	59	4.72	1.65-1.69	59	4.72
2.10-2.14	56	4.48	1.60-1.64	56	4.48
2.05-2.09	53	4.24	1.55-1.59	53	4.24
2.00-2.04	50	4.00	1.50-1.54	50	4.00
1.95-1.99	48	3.84	1.45-1.49	48	3.84
1.90-1.94	46	3.68	1.40-1.44	46	3.68
1.85-1.89	44	3.52	1.35-1.39	44	3.52
1.80-1.84	42	3.36	1.30-1.34	42	3.36
1.75-1.79	40	3.20	1.25-1.29	40	3.20
1.70-1.74	38	3.04	1.20-1.24	38	3.04
1.65-1.69	36	2.88	1.15-1.19	36	2.88
1.60-1.64	34	2.72	1.10-1.14	34	2.72
1.55-1.59	32	2.56	1.05-1.09	32	2.56
1.50-1.54	30	2.40	1.00-1.04	30	2.40
1.45-1.49	28	2.24	0.95-0.99	28	2.24
1.40-1.44	26	2.08	0.90-0.94	26	2.08
1.35-1.39	24	1.92	0.85-0.89	24	1.92
1.30-1.34	22	1.76	0.80-0.84	22	1.76
1.25-1.29	20	1.60	0.75-0.79	20	1.60
1.20-1.24	19	1.52	0.70-0.74	19	1.52

1.15-1.19	18	1.44	0.65-0.69	18	1.44
1.10-1.14	17	1.36	0.60-0.64	17	1.36
1.05-1.09	16	1.28	0.55-0.59	16	1.28
1.00-1.04	15	1.20	0.50-0.54	15	1.20
0.99 and Below	14	1.12	0.49 and Below	14	1.12

## ANNEXURE - I (C)

### B.P.ED. PERFORMANCE CONVERSION TABLE

#### MEDICINE BALL OVER HEAD BACK THROW

Men (3 Kg.)			Women (2 Kg.)		
Distance (in meters)	Points	Marks (Out of 08)	Distance (in meters)	Points	Marks (Out of 08)
14.00 and above	100	8.00	11.50 and above	100	8.00
13.50	94	7.52	11.00	94	7.52
13.00	89	7.12	10.50	87	6.96
12.50	84	6.72	10.00	81	6.48
12.00	79	6.32	9.50	76	6.08
11.50	74	5.92	9.00	71	5.68
11.00	69	5.52	8.50	66	5.28
10.50	66	5.28	8.00	61	4.88
10.00	63	5.04	7.50	57	4.56
9.50	60	4.80	7.00	53	4.24
9.00	57	4.56	6.50	49	3.92
8.50	54	4.32	6.00	45	3.60
8.00	51	4.08	5.50	41	3.28
7.50	48	3.84	5.00	38	3.04
7.00	45	3.60	4.50	35	2.80
6.50	42	3.36	4.00	32	2.56
6.00	39	3.12	3.50	29	2.32
5.50	36	2.88	3.00	26	2.08
5.00	33	2.64	2.50	23	1.84
4.50	30	2.40	2.00 and below	20	1.60
4.00	28	2.24			
3.50	26	2.08			
3.00	24	1.92			
2.50	22	1.76			
2.00 and below	20	1.60			

**ANNEXURE - I (D)**  
**B.P.ED. PERFORMANCE CONVERSION TABLE**

**1000 METERS RUN / WALK**

Men						Women					
Timing (Seconds)	Points	Marks	Timing	Points	Marks	Timing	Points	Marks	Timing	Points	Marks
3:00 and Below	100	8.00	3:41-3:42	59	4.72	4:00 and Below	100	8.00	4:41-4:42	59	4.72
3:01	99	7.92	3:43-3:44	58	4.64	4:01	99	7.92	4:43-4:44	58	4.64
3:02	98	7.84	3:45-3:46	57	4.56	4:02	98	7.84	4:45-4:46	57	4.56
3:03	97	7.76	3:47-3:48	56	4.48	4:03	97	7.76	4:47-4:48	56	4.48
3:04	96	7.68	3:49-3:50	55	4.40	4:04	96	7.68	4:49-4:50	55	4.40
3:05	95	7.60	3:51-3:52	54	4.32	4:05	95	7.60	4:51-4:52	54	4.32
3:06	94	7.52	3:53-3:54	53	4.24	4:06	94	7.52	4:53-4:54	53	4.24
3:07	93	7.44	3:55-3:56	52	4.16	4:07	93	7.44	4:55-4:56	52	4.16
3:08	92	7.36	3:57-3:58	51	4.08	4:08	92	7.36	4:57-4:58	51	4.08
3:09	91	7.28	3:59-4:00	50	4.00	4:09	91	7.28	4:59-5:00	50	4.00
3:10	90	7.20	4:01-4:02	49	3.92	4:10	90	7.20	5:01-5:02	49	3.92
3:11	89	7.12	4:03-4:04	48	3.84	4:11	89	7.12	5:03-5:04	48	3.84
3:12	88	7.04	4:05-4:06	47	3.76	4:12	88	7.04	5:05-5:06	47	3.76
3:13	87	6.96	4:07-4:08	46	3.68	4:13	87	6.96	5:07-5:08	46	3.68
3:14	86	6.88	4:09-4:10	45	3.60	4:14	86	6.88	5:09-5:10	45	3.60
3:15	85	6.80	4:11-4:12	44	3.52	4:15	85	6.80	5:11-5:12	44	3.52
3:16	84	6.72	4:13-4:14	43	3.44	4:16	84	6.72	5:13-5:14	43	3.44
3:17	83	6.64	4:15-4:16	42	3.36	4:17	83	6.64	5:15-5:16	42	3.36
3:18	82	6.56	4:17-4:18	41	3.28	4:18	82	6.56	5:17-5:18	41	3.28
3:19	81	6.48	4:19-4:20	40	3.20	4:19	81	6.48	5:19-5:20	40	3.20
3:20	80	6.40	4:21-4:22	39	3.12	4:20	80	6.40	5:21-5:22	39	3.12
3:21	79	6.32	4:23-4:24	38	3.04	4:21	79	6.32	5:23-5:24	38	3.04
3:22	78	6.24	4:25-4:26	37	2.96	4:22	78	6.24	5:25-5:26	37	2.96
3:23	77	6.16	4:27-4:28	36	2.88	4:23	77	6.16	5:27-5:28	36	2.88

3:24	76	6.08	4:29-4:30	35	2.80	4:24	76	6.08	5:29-5:30	35	2.80
3:25	75	6.00	4:31-4:32	34	2.72	4:25	75	6.00	5:31-5:32	34	2.72
3:26	74	5.92	4:33-4:34	33	2.64	4:26	74	5.92	5:33-5:34	33	2.64
3:27	73	5.84	4:35-4:36	32	2.56	4:27	73	5.84	5:35-5:36	32	2.56
3:28	72	5.76	4:37-4:38	31	2.48	4:28	72	5.76	5:37-5:38	31	2.48
3:29	71	5.68	4:39-4:40	30	2.40	4:29	71	5.68	5:39-5:40	30	2.40
3:30	70	5.60	4:41-4:43	29	2.32	4:30	70	5.60	5:41-5:43	29	2.32
3:31	69	5.52	4:44-4:46	28	2.24	4:31	69	5.52	5:44-5:46	28	2.24
3:32	68	5.44	4:47-4:49	27	2.16	4:32	68	5.44	5:47-5:49	27	2.16
3:33	67	5.36	4:50-4:52	26	2.08	4:33	67	5.36	5:50-5:52	26	2.08
3:34	66	5.28	4:53-4:55	25	2.00	4:34	66	5.28	5:53-5:55	25	2.00
3:35	65	5.20	4:56-4:58	24	1.92	4:35	65	5.20	5:56-5:58	24	1.92
3:36	64	5.12	4:59-5:01	23	1.84	4:36	64	5.12	5:59-6:01	23	1.84
3:37	63	5.04	5:02-5:04	22	1.76	4:37	63	5.04	6:02-6:04	22	1.76
3:38	62	4.96	5:05-5:07	21	1.68	4:38	62	4.96	6:05-6:07	21	1.68
3:39	61	4.88	5:08-5:10	20	1.60	4:39	61	4.88	6:08-6:10	20	1.60
3:40	60	4.80	5:11 and Above	19	1.52	4:40	60	4.80	6:11 and Above	19	1.52

**Note:** The marks shall be awarded on the basis of performance from the conversion table.

**ANNEXURE – II (A)**

**M.P.ED. PERFORMANCE CONVERSION TABLE**

**50 METERS SPRINT**

Men			Women								
Timing (Sec.)	Points	Marks (08)	Timing (Sec.)	Points	Marks (08)	Timing (Sec.)	Points	Marks (08)	Timing (Sec)	Points	Marks (08)
5.7 and Below	100	8.00	8.6	38	3.04	6.7 and Below	100	8.00	9.6	38	3.04
5.8	97	7.76	8.7	37	2.96	6.8	97	7.76	9.7	37	2.96
5.9	95	7.60	8.8	36	2.88	6.9	95	7.60	9.8	36	2.88
6.0	93	7.44	8.9	35	2.80	7.0	93	7.44	9.9	35	2.80
6.1	90	7.20	9.0	34	2.72	7.1	90	7.20	10.0	34	2.72
6.2	87	6.96	9.1	33	2.64	7.2	87	6.96	10.1	33	2.64
6.3	85	6.80	9.2	32	2.56	7.3	85	6.80	10.2	32	2.56
6.4	83	6.64	9.3	31	2.48	7.4	83	6.64	10.3	31	2.48
6.5	80	6.40	9.4	30	2.40	7.5	80	6.40	10.4	30	2.40
6.6	77	6.16	9.5	29	2.32	7.6	77	6.16	10.5	29	2.32
6.7	75	6.00	9.6	28	2.24	7.7	75	6.00	10.6	28	2.24
6.8	73	5.84	9.7	27	2.16	7.8	73	5.84	10.7	27	2.16
6.9	70	5.60	9.8	26	2.08	7.9	70	5.60	10.8	26	2.08
7.0	68	5.44	9.9	25	2.00	8.0	68	5.44	10.9	25	2.00
7.1	66	5.28	10.0	24	1.92	8.1	66	5.28	11.0	24	1.92
7.2	64	5.12	10.1	23	1.84	8.2	64	5.12	11.1	23	1.84
7.3	62	4.96	10.2	22	1.76	8.3	62	4.96	11.2	22	1.76
7.4	60	4.80	10.3	21	1.68	8.4	60	4.80	11.3	21	1.68
7.5	58	4.64	10.4	20	1.60	8.5	58	4.64	11.4	20	1.60
7.6	56	4.48	10.5	19	1.52	8.6	56	4.48	11.5	19	1.52
7.7	54	4.32	10.6	18	1.44	8.7	54	4.32	11.6	18	1.44
7.8	52	4.16	10.7	17	1.36	8.8	52	4.16	11.7	17	1.36
7.9	50	4.00	10.8	16	1.28	8.9	50	4.00	11.8	16	1.28
8.0	48	3.84	10.9	15	1.20	9.0	48	3.84	11.9	15	1.20
8.1	46	3.68	11.0	14	1.12	9.1	46	3.68	12.0	14	1.12
8.2	44	3.52	11.1	13	1.04	9.2	44	3.52	12.1	13	1.04
8.3	42	3.36	11.2	12	0.96	9.3	42	3.36	12.2	12	0.96
8.4	40	3.20	11.3	11	0.88	9.4	40	3.20	12.3	11	0.88
8.5	39	3.12	11.4 and Above	10	0.80	9.5	39	3.12	12.4 and Above	10	0.80

## ANNEXURE – II (B)

### M.P.ED. PERFORMANCE CONVERSION TABLE STANDING BROAD JUMP

Men			Women		
Distance (Meters)	Points	Marks (Out of 08)	Distance (Meters)	Points	Marks(Out of 08)
2.80 and Above	100	8.00	2.30 and Above	100	8.00
2.75-2.79	96	7.68	2.25-2.29	96	7.68
2.70-2.74	92	7.36	2.20-2.24	92	7.36
2.65-2.69	88	7.04	2.15-2.19	88	7.04
2.60-2.64	84	6.72	2.10-2.14	84	6.72
2.55-2.59	80	6.40	2.05-2.09	80	6.40
2.50-2.54	77	6.16	2.00-2.04	77	6.16
2.45-2.49	74	5.92	1.95-1.99	74	5.92
2.40-2.44	71	5.68	1.90-1.94	71	5.68
2.35-2.39	68	5.44	1.85-1.89	68	5.44
2.30-2.34	65	5.20	1.80-1.84	65	5.20
2.25-2.29	62	4.96	1.75-1.79	62	4.96
2.20-2.24	59	4.72	1.70-1.74	59	4.72
2.15-2.19	56	4.48	1.65-1.69	56	4.48
2.10-2.14	53	4.24	1.60-1.64	53	4.24
2.05-2.09	50	4.00	1.55-1.59	50	4.00
2.00-2.04	48	3.84	1.50-1.54	48	3.84
1.95-1.99	46	3.68	1.45-1.49	46	3.68
1.90-1.94	44	3.52	1.40-1.44	44	3.52
1.85-1.89	42	3.36	1.35-1.39	42	3.36
1.80-1.84	40	3.20	1.30-1.34	40	3.20
1.75-1.79	38	3.04	1.25-1.29	38	3.04
1.70-1.74	36	2.88	1.20-1.24	36	2.88
1.65-1.69	34	2.72	1.15-1.19	34	2.72
1.60-1.64	32	2.56	1.10-1.14	32	2.56
1.55-1.59	30	2.40	1.05-1.09	30	2.40
1.50-1.54	28	2.24	1.00-1.04	28	2.24
1.45-1.49	26	2.08	0.95-0.99	26	2.08
1.40-1.44	24	1.92	0.90-0.94	24	1.92
1.35-1.39	22	1.76	0.85-0.89	22	1.76
1.30-1.34	20	1.60	0.80-0.84	20	1.60
1.25-1.29	19	1.52	0.75-0.79	19	1.52
1.20-1.24	18	1.44	0.70-0.74	18	1.44
1.15-1.19	17	1.36	0.65-0.69	17	1.36
1.10-1.14	16	1.28	0.60-0.64	16	1.28
1.05-1.09	15	1.20	0.55-0.59	15	1.20
1.04 and Below	14	1.12	0.54 and Below	14	1.12



## ANNEXURE – II (C)

### M.P.ED. PERFORMANCE CONVERSION TABLE

#### MEDICINE BALL OVER HEAD BACK THROW

Men (3 Kg.)			Women (2 Kg.)		
Distance (in meters)	Points	Marks ( Out of 08)	Distance (in meters)	Points	Marks (Out of 08)
15.00 and above	100	8.00	12.50 and above	100	8.00
14.50	94	7.52	12.00	94	7.52
14.00	89	7.12	11.50	87	6.96
13.50	84	6.72	11.00	81	6.48
13.00	79	6.32	10.50	76	6.08
12.50	74	5.92	10.00	71	5.68
12.00	69	5.52	9.50	66	5.28
11.50	66	5.28	9.00	61	4.88
11.00	63	5.04	8.50	57	4.56
10.50	60	4.80	8.00	53	4.24
10.00	57	4.56	7.50	49	3.92
9.50	54	4.32	7.00	45	3.60
9.00	51	4.08	6.50	41	3.28
8.50	48	3.84	6.00	38	3.04
8.00	45	3.60	5.50	35	2.80
7.50	42	3.36	5.00	32	2.56
7.00	39	3.12	4.50	29	2.32
6.50	36	2.88	4.00	26	2.08
6.00	33	2.64	3.50	23	1.84
5.50	30	2.40	3.00	20	1.60
5.00	28	2.24			
4.50	26	2.08			
4.00	24	1.92			
3.50	22	1.76			
3.00 and below	20	1.60			

**ANNEXURE – II (D)**  
**M.P.ED. PERFORMANCE CONVERSION TABLE**

**1000 METERS RUN / WALK**

<b>Men</b>				<b>Women</b>			
<b>Timing (Minutes)</b>	<b>Points</b>	<b>Timing (Minutes)</b>	<b>Points</b>	<b>Timing (Minutes)</b>	<b>Points</b>	<b>Timing (Minutes)</b>	<b>Points</b>
2:50 and Below	100	3:31-3:32	59	3:50 and Below	100	4:31-4:32	59
2:51	99	3:33-3:34	58	3:51	99	4:33-4:34	58
2:52	98	3:35-3:36	57	3:52	98	4:35-4:36	57
2:53	97	3:37-3:38	56	3:53	97	4:37-4:38	56
2:54	96	3:39-3:40	55	3:54	96	4:39-4:40	55
2:55	95	3:41-3:42	54	3:55	95	4:41-4:42	54
2:56	94	3:43-3:44	53	3:56	94	4:43-4:44	53
2:57	93	3:45-3:46	52	3:57	93	4:45-4:46	52
2:58	92	3:47-3:48	51	3:58	92	4:47-4:48	51
2:59	91	3:49-3:50	50	3:59	91	4:49-4:50	50
3:00	90	3:51-3:52	49	4:00	90	4:51-4:52	49
3:01	89	3:53-3:54	48	4:01	89	4:53-4:54	48
3:02	88	3:55-3:56	47	4:02	88	4:55-4:56	47
3:03	87	3:57-3:58	46	4:03	87	4:57-4:58	46
3:04	86	3:59-4:00	45	4:04	86	4:59-5:00	45
3:05	85	4:01-4:02	44	4:05	85	5:01-5:02	44
3:06	84	4:03-4:04	43	4:06	84	5:03-5:04	43
3:07	83	4:05-4:06	42	4:07	83	5:05-5:06	42
3:08	82	4:07-4:08	41	4:08	82	5:07-5:08	41
3:09	81	4:09-4:10	40	4:09	81	5:09-5:10	40
3:10	80	4:11-4:12	39	4:10	80	5:11-5:12	39
3:11	79	4:13-4:14	38	4:11	79	5:13-5:14	38
3:12	78	4:15-4:16	37	4:12	78	5:15-5:16	37
3:13	77	4:17-4:18	36	4:13	77	5:17-5:18	36

3:14	76	4:19-4:20	35	4:14	76	5:19-5:20	35
3:15	75	4:21-4:22	34	4:15	75	5:21-5:22	34
3:16	74	4:23-4:24	33	4:16	74	5:23-5:24	33
3:17	73	4:25-4:26	32	4:17	73	5:25-5:26	32
3:18	72	4:27-4:28	31	4:18	72	5:27-5:28	31
3:19	71	4:29-4:30	30	4:19	71	5:29-5:30	30
3:20	70	4:31-4:33	29	4:20	70	5:31-5:33	29
3:21	69	4:34-4:36	28	4:21	69	5:34-5:36	28
3:22	68	4:37-4:39	27	4:22	68	5:37-5:39	27
3:23	67	4:40-4:42	26	4:23	67	5:40-5:42	26
3:24	66	4:43-4:45	25	4:24	66	5:43-5:45	25
3:25	65	4:46-4:48	24	4:25	65	5:46-5:48	24
3:26	64	4:49-4:51	23	4:26	64	5:49-5:51	23
3:27	63	4:52-4:54	22	4:27	63	5:52-5:54	22
3:28	62	4:55-4:57	21	4:28	62	5:55-5:57	21
3:29	61	4:58-5:00	20	4:29	61	5:58-6:00	20
3:30	60	5:01 and Above	19	4:30	60	6:01 and Above	19

**Note:** The marks shall be awarded on the basis of performance from the conversion table.